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MESSAGE FROM THE PRESIDENT

Welcome to Fertivision 2015 - IFS News Letter!

Since 2005, The Indian Fertility Society has paved a way to awareness and expertise development in Infertility and Human Reproductive Biology for the medical guild. It provides a platform for interested professionals to interact, share knowledge, and keep up with vast advances in this field on a continuing basis.

Today, it has become a well reputable academic society with more than fifteen hundred members in the fifty chapters spread all over the country. IFS is affiliated to the International Federation of Fertility Societies (IFFS) since 2007 and has been given the honour of hosting the International meeting of IFS jointly in 2016 in New Delhi, NCR.

IFS believes that progress lies in training and research. The society has been holding regular CMEs and workshops in the field of artificial reproductive technologies to promote the latest innovations. The IFS conference Fertivision is put annually and attended specialists and experts in the field from all over the world. True to its goal to foster research and education, the IFS ART clinical fellowship was started in 2014 at various centres of excellence in India. In the near future we intend to begin IFS clinical Embryology course.

The IFS team set down the first Consensus on Evidence-based Good Clinical Practice for the management of Polycystic Ovary Syndrome in India, which has proven to be a key guide in its management for the medical fraternity. We have been publishing regularly updated quarterly e-bulletin IFS Vision, as well as conducting periodic Webinars. This IFS – Vision e-bulletin has been consistently brought to you by our web editors and provides much scope for encouraging discussions and better clinical approach. To achieve this commitment we have also introduced a peer-reviewed online biannual journal - Fertility Science and Research.

I am privileged and proud to have responsibility as a Treasurer, Indian Fertility society (2010-2016). IFS since its formation have been dynamic in updating professional working in infertility statement through prestigious conferences. Our society is becoming the first choice amongst Indian Infertility Professionals which is proven by a continuous increase in memberships and extra ordinary attendance of delegates in all Fertivision Conferences.

As Treasurer, I am pleased to inform that, IFS has now been registered under Section-12A under 09/07/2012 & Section-80G on 02/07/2014. Registering under both these income tax sections now entitles IFS to exemption to Income Tax as applicable to entitlements. At the same time, the yearly filing of returns of IFS has now been streamlined & systemized, which is now being done religiously year after year.

IFS encompassed several objectives which turned into a roadmap that we plan to attain for serving the profession. These objectives vary from effective presence to professional development. This could well be achieved by intensifying our training courses, activating and strengthening our cooperation & coordination with all international pharmaceutical industry and more than anything our friends in far flung territories of India. Emphasis is on networking programmes with other National and International societies, pharmaceutical industry and more than anything our friends in far flung territories of India. True attempt has been made to highlight the achievements of the outstanding growing body and our pan India chapters. Our chapters secretaries have worked extremely hard and this special editorial issue will make appropriate attempt to highlight there enormous achievements. As with all of us we may have done some mistakes or had lacunae which we are going to correct by the new editorial team. As aptly said “Rome was not built in a day” our team will always strive hard to take little initiative forward.

The generous support from Merck Serono Mumbai, India has been considerable and made our Newsletter a success story. Besides our graphic designers and printers who have been with us at eleven hours with their inputs put their best efforts and fine-tuned our pages. Overall it has been a great experience for the editorial team interacting with all who make IFS Conference a success. Apologies if there has been a platform where we have expressed and conveyed with our colleagues in all means.

We wish you all a wonderful Holi the festival of colours which is just a few days away. May this festival fill our lives with vibrant shades of happiness , contentment , personal growth and foremost of all thanks giving to all who touch our lives everyday.

Jalhadi!
TEAM IFS 2016-2018 :-

President Elect Dr. Gouri Devi

Vice President Dr. Sudha Prasad

Secretary General Dr. K.D. Nayar

Treasurer Dr. Neena Malhotra

Joint Secretary Dr. Pankaj Talwar

Joint Treasurer Dr. Rashmi Sharma

Editor Dr. Bharti Dshore Patil

Web Editor Dr. Leena Wadhwa

NEWS LETTER IFS CONVERSATION

Election Report

Election was held for the post of President 2018 -2020 and Dr Gouri Devi was elected with Dr. Sonia Malik as the election officer. The current team of 2016 – 2018 is being led by Dr. Sohani Verma.

It’s time to recon for the editorial team as we move forward to the last quarter of our tenure with the executive team. Looking back time seems to have moved at a rather fast pace as Dr. Pankaj and me from the editorial team got down at the beginning of the term in April 2014 conceptualizing the first edition of our newsletter to compiling and editing the recent issue of the newsletter.

Tody the Brain child of our President Dr. Sonia Malik, the newsletter was a make-over of the one which had started from the society in previous years. Not only was the content added or modified, it was christened as ‘IFS Conversation’. The editorial team along with Dr. Pankaj Talwar and me geared up to remodel the content and also the frequency of newsletter. It has been a quarterly event with three issues published and the fourth one to be released during the 11th Annual Conference - FERTIVISION 2015. While a lot of effort was put in the style and format we changed the content as well. Some of these included a theme topic for each issue, news from our chapters, Gadget watch, conference alerts and Updates on National and International events including participation at the same by our members at the same. The theme topic was the focal point of our newsletter with contributions from an international faculty-someone who was an authority on the subject, and by National faculty on the theme. The themes included Quality assurance in IVF, Male infertility, Embryological and other. Dr. Antoine Pope, the past President of Fertility Society of Australia, who deliberated on Quality management in ART practice contributed to the first issue. Dr. Sandro C Estrees from Brazil an authority on andrology contributed to the editorials with surgical sperm retrieval techniques when male infertility was the theme of our newsletter. Prof. David Adams, past President of ASRM and chair FIGO infertility committee was our guest for the edition with the theme on Endometriosis. His article on the much accepted Endometriosis infertility index was an excellent contribution from a pioneer on the subject.

The National faculty from across the chapters and centre came out with their writing skills as we hardly edited what came from them on these theme topics. Case discussions and reports relevant to the theme topics that were published from the members this was an opportunity to share and discuss difficult scenarios and recent literature on same. The academic impact of the newsletter has aptly improved with this section of the newsletter.

The chapter activities were highlighted in the section “News from the chapters” which was a platform that show case activities at the center including the webinar. HOPE’s webinar training programme on infertility management, PCOS guidelines, clomiphene survey, IFS fellowship, to name a few. From the 12 chapters we had loads of activities which were compiled by us including CME, conferences, updates and IUI workshops conducted regularly. Truly the newsletter was a boost to our chapters and each chapter excelled trying to outperform each other. Looking back at each edition there seems a sense of accomplishment while at the beginning we compiled activities from few chapters to finally 12 chapters enthusiastically sending their performances both as text and pictures.

The icing on the cake was the “Gadget Watch” compiled painstakingly by Dr. Pankaj Talwar, where in inputs not only on the specifications relevant to equipment but the contacts of Indian and international dealers were provided to us readers.

This has guided many of us as regards updating our labs in andrology and embryology alike on key equipment’s as Time lapse imaging system, bench-top and triple gas table top incubators. That I am sure would have helped our IFS member’s clinicians and embryologists alike.

The section on conference alerts was a serious endeavor of the editorial team to host from all possible websites and sources on events International and National on activities relevant to Reproductive medicine so that our members could make the most of it. Needless to say attendances at International and National conferences was remarkable as we had non-worthy presentations at ESHRE and ASRM in 2014 and 2015 besides others.

IFS ART FELLOWSHIP (CLINICAL)

Dr. Jashan K. Jat

President IFS Chandigarh

India’s first officially reported IVF baby was born in Mumbai in 1982. Even before that, “Divya” was born in Kolkata in 1978 just a few months after the birth of “Louis De Broucke” world’s first IVF baby. Thirteen post-war generation witnessed the growth of IVF centres parallel to the increasing success rates and social acceptance. Since than, IVF has slowly progressed now, nearly 1-4% of all births in developed nations occur as a result of in-vitro fertilization. IVF in India has grown at an enormous pace. Thousands of centres have come up even in second and third tier cities.

In last eighties and nineties, many IVF centres in India started coming up in metropolitan cities. Most of the pioneers had visited centres abroad for training. Many centres developed IVF on their own after short visits to other places. Prof. B.N. Chaudhary’s centre in Kolkata is one of these rare centres which opened their doors for training to others who were interested in developing IVF.

There was hardly an IVF specialist in India who had not visited him and his centre at least once.

An expansion of centres required trained doctors, embryologists and technicians to run the services. The centres which were established by the turn of century received numerous requests from the young OB/GYN postgraduates for training. I myself conceived the idea of starting a formal training program after observing the success of IVF centres started or managed by a few doctors who had earlier worked with me at my clinic in Chandigarh and had learnt IVF procedures during their service.

As a pilot project, I started fellowship programme at my centre. There was initial interest. Over a three year period, 7 fellow were trained who could start their own IVF set ups. Presently, more than 5000 centres are likely to be functioning in India. However, only a handful of training program has opened up. Some of the recognized training programmes include the Fellowships of National Board, Manipal University and Rajiv Gandhi University, Karanataka.

The Federation of Obstetrics and Gynecology Societies of India had also started a month training programme. But these主题 programmes were too few to hold the demand. Since IVF was not on the priority list of Government health service, only a handful of IVF centres exist in the government sector. Therefore, Post-doctoral training programmes in ART could not develop in most of the recognized training institution. Considering all these facts, the IFS took initiative in starting the ART clinical fellowship.

I submitted a draft proposal in December 2013 to the Executive Body. The proposal was accepted in principle. An Education Committee was constituted to finalize the proposal. The Committee included Dr. Nalini Mahajan as convener, Dr. Pankaj Talwar, Dr. Sandeep Talwar, Dr. Kuldip Jain, Dr. Sonia Malik and Dr. Sudha Prasad as IFS President, and Dr. Leena Wadhwa as course co-ordinator.

The outline was prepared and accepted after many revisions. Second was to invite applications from the executive committee members for those centres to be recognized for training centre. After scrutiny of 18 applications, 12 centres were shortlisted depending upon the work load, commitment to teach, facilities and adequacy of teaching faculty of the centre. Of these 12 centres, one centre of Mandana Arad Medical centre had to be cancelled due to the bureaucratic hurdles.

The next step was to invite applications for fellowships for the first time. Entrance examination was held in Pune in February 14. The centres were allotted according to the merit list and candidates prefered. Eleven candidates joined w.e.f. 1st March 2015 at 7 centres in Delhi and one each in Chandigarh, Jodhpur, Pune and Locknow (Table).

The budget methodology class was also organized with the help of Abbot India Ltd.

The satisfaction and popularity of the programme can be judged by the number of applications received for 2016-17 both i.e. 49 for 11 seats.

The successful start of fellowship programme is also a testimony of and able leadership provided by Dr. Sonia Malik President IFS, Dr. Nalini Mahajan a great teacher and very constructive suggestions given by Dr. Abha Majumdar, Dr. Kuldip Jain and Dr. Shweta Mittal. Untiring efforts for planning and conduct of examination by the Team Incharge, Dr. Pankaj Talwar, Dr. Sudha Prasad and Dr. Sandeep Talwar is remarkable.

The fellowship programme has given an opportunity for the young aspirants to learn the science and art of ART. At the same time, it has also brought IFS in par with many international societies like ESHRE and ASRM in fulfilling the social obligation of dissemination of knowledge and supporting young scientists. The clinical fellowship programme also opens doors for starting other programmes in clinical Embryology, Nutrition, and Counselling etc.

I also like to profusely thank all the colleagues in the IFS, the training centres and IFS Fellow for whole heartedly supporting the programme.

“The wealth you accumulate and leave behind will be used by somebody. The knowledge will go with you unless you pass it to the next generation.”

The legacy must continue.
With the Launching of "Fertility Science and Research", an official journal of Indian Fertility Society, we initiate a conceptual framework for thinking and writing about research, in different areas of infertility and Assisted Reproduction. The framework takes the form at three levels: (1) Focus areas of the research practices through which the journal aims to achieve excellence and strengthen its profile and visibility. (2) Strong base of the editorial Team, a mix of high-acclaimed academicians and dedicated experienced reviewers. Active readers will able to be useful for the clinician, researchers, embryologist and reproductive Biology with Gynecologist.

Indian Fertility Society’s (IFS) being an academic body comprising of professionals pursuing Assisted Reproduction Technology ("ART") in the country felt that it must give an opinion on the ART bill. IFS went over the bill clause by clause and took legal clarifications and guidance on the document. All executive members gave their inputs each of which was important considering their vast experience in the field. IFS is also fully cognizant ethical issues arising out of third party reproduction more so due to emergence of unregulated ART banks that are being run by any unqualified and under qualified persons. It is imperative that the government first lays down strict regulations for the formation and functioning of these tanks before any regulations are clamped on the ART specialists.

In this regard IFS put forward its opinion that, any regulatory framework must seek to strike a balance between the care of patients and the autonomy of persons. It is imperative that the government first lays down strict regulations for the formation and functioning of these banks before any regulations are clamped on the ART specialists.

The prohibition on surrogacy in the ART Bill, providing a strong foundation for regulation, has a number of shortcomings, which if remain unaddressed, may have dire consequences for the success and growth of ART in the country.

The composite age of intending parents have more than 10 years experience. Roughly one has very little number of qualified embryologists. As a result, a woman will have to wait disproportionately. Going by the current draft, an ART practitioner could be imprisoned even for failing to file certain non-essential documents.

In relation to specific policy decisions:

i. The prescribed age limits for any ART procedures for males and females is now 21 to 50 years. There is a mismatch especially on the lower side as the legal age for marriage is 18 years. As a result, a woman will have to wait for 3 years, even if there is total block or severe OATs.

ii. Egg sharing status between 2 patients not mentioned in the new draft.

iii. Embryo donation is not mentioned in the draft.

iv. The upper age limit for women under-going pregnancies by both procedures that is by oovary donation and transcervical aspiration of oocytes is 30 years. This is largely due to the involvement of unregulated / unlicensed agencies calling themselves ART banks. Regulation must be focused at this level to check malpractices and ensure that strict standards are followed.

Of the different rights that have been read into the Bill, Right to Life included the reproductive rights of women to procreate, to choose not to. The Supreme Court as well as various High Courts have commented on this right in detail and have clarified its scope – including in relation to ART such as IVF and surrogacy. Keeping that in mind, IFS hopes that there would be action on these points.
LIST OF INDEPENDENT ETHICS COMMITTEE, MEMBERS

<table>
<thead>
<tr>
<th>S.No.</th>
<th>Members Name</th>
<th>First M.I Last</th>
<th>Highest Degrees Earned</th>
<th>Sex</th>
<th>Primary Scientific (PS) or non Speciality (NS)</th>
<th>Affiliation with Society Yes/No</th>
<th>Designation &amp; Affiliation</th>
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<tr>
<td>1</td>
<td>Dr. Rahul Arora</td>
<td>MD</td>
<td>F Obstetrics and Gynecology (PS)</td>
<td>No</td>
<td>Chairperson</td>
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<tr>
<td>2</td>
<td>Dr. Sudha Prasad</td>
<td>MD</td>
<td>F Obstetrics and Gynecology (PS)</td>
<td>Yes</td>
<td>Member Secretary</td>
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<tr>
<td>3</td>
<td>Dr. Vijay K. Aora</td>
<td>MD</td>
<td>M Medicine (PS)</td>
<td>No</td>
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<td></td>
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<td>4</td>
<td>Dr. Gouri Devi</td>
<td>MD</td>
<td>F Obstetrics and Gynecology (PS)</td>
<td>Yes</td>
<td>Member</td>
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<tr>
<td>5</td>
<td>Dr. Kuldeep Jain</td>
<td>MD</td>
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<td>Yes</td>
<td>Member</td>
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<tr>
<td>6</td>
<td>Dr. Shalini Chand</td>
<td>MD</td>
<td>F Pharmacology (PS)</td>
<td>No</td>
<td>Member</td>
<td></td>
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</tr>
<tr>
<td>7</td>
<td>Dr. Arun Gupta</td>
<td>MD</td>
<td>M Paediatrician (PS)</td>
<td>No</td>
<td>Member</td>
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<tr>
<td>8</td>
<td>Mr. Yogesh Kumar</td>
<td>PhD</td>
<td>M Embryologist (PS)</td>
<td>Yes</td>
<td>Member</td>
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<tr>
<td>9</td>
<td>Mr. Rajesh Kaful</td>
<td>LLB</td>
<td>M Legal Advisor (NS)</td>
<td>No</td>
<td>Member</td>
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<tr>
<td>10</td>
<td>Ms. Ranjana Sharma</td>
<td>MSW</td>
<td>F Social Worker (NS)</td>
<td>No</td>
<td>Member</td>
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<tr>
<td>11</td>
<td>Mr. Vinay Kumar</td>
<td>PhD</td>
<td>M Public Person (NS)</td>
<td>No</td>
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</table>

These workshops were having set modules which included 9 lectures covering all the aspects needed for clinical practice of IUI followed by live demo and hands on training for semen preparation. The course material was approved by the executive committee of Indian Fertility Society and it was appreciated by the beneficiaries for its simplicity and practical usefulness especially hands on training for various preparation techniques.

LIST OF INDEPENDENT ETHICS COMMITTEE, MEMBERS

Dr. Sonia Malik is president of IFS will be authorized signatory of clinical trial agreement.

CONCLUSION

It is an endeavour to create awareness for infertility treatment in a comprehensive manner so that development of this field can spread over. It was hugely appreciated by the delegates of the workshop as the information provided was for the enhancement of IUI practices. Below given is the Time table as when and where the workshops were held.

WORKSHOP ON ULTRASOUND IN GYNECOLOGY & INFERTILITY

Workshop on Ultrasound in Gynecology & Infertility was conducted under the aegis of ISUOG & IFS at AVURUGYAN Auditorium, Army Hospital (Research and Referral), New Delhi on Friday, 1 May, 2015. The workshop was inaugurated by Dr. Sonia Malik and attended by well known national and international faculty. Workshop started with live tour of ART Centre, Army Hospital (R&R) followed by video lecture session. Post tea session had case presentations with live ultrasound demonstrations by eminent ultrasonologists. Key note addresses were delivered by Dr. Sonia Malik and Dr. Narenda Malhotra.

Inter Speciality Networking Conference

The 10th Annual Congress on Men's Health was held from 26th-28th of February 2016 at New Delhi. The Congress integrated esteemed faculty and specialists across all fields of medicine concerned with Men's Health and bring issues concerning men across the world into focus with the aim of creating a positive change for men globally. Theme of this years conference was “Cancer and Men’s Health: Genome to Genitrics”. Infertility Subspecialty Meet Session under aegis of IFS was held on 26 February, which was attended by nearly 125 delegates. This was a major collaborative event of our society and was appreciated by all.
situations of these conditions at real life scenario.

WEBINAR PROGRAMME

Infertility is an important public health concern and commonly encountered in day-to-day practice and needs to be addressed scientifically. Considering the burden of infertility across the country there is a need of many infertility experts to address infertility and other associated socioeconomic issues. Training courses for infertility management are not easily available and accessible at primary care level. Even many practising infertility experts find it difficult to cope up with extensive developments in this field.

IFS introduced a web based training program called “HOPE” for Management of Infertility aiming to lay a new blueprint for infertility management. This course encompassed all essential aspects of infertility management using an interactive platform. It was a webcast-based course telecasted live across 30 major locations in India. The first webcast had two to four lectures, with total duration of 2.5 hrs in every telecast. There were 06 webcasts in total assembling a gamut of over 1500 doctors across the country. It was supported by an unrestricted educational grant from Unichem Laboratories Ltd. These web casts were segregated into 2 different sets of 15 locations each and were telecasted on scheduled dates. First webcast at 15 locations was scheduled on 10th Jan 2015. All participating doctors were certified by IFS.

This program was organized in following locations: Amritsar, Aurangabad, Bangalore, Bhopal, Bhubaneshwar, Chandigarh, Chennai, Coimbatore, Delhi and Gurgaon, Hubli, Hyderabad, Indore, Jaipur, Jodhpur, Kanpur, Kolkata, Lucknow, Meerut, Mumbai (C), Mumbai (W), Nagpur, Pata, Pune, Raipur, Ranchi, with the scale of problem that PCOS poses. This has been mainly due to a lack of strong public and academic discourse centered on the proper management of this gynecological, yet ill-recognized problem. A strong evidentiary foundation is the cornerstone on which the academic discourse on PCOS must be based. In addressing a key driver that finds the inertia surrounding PCOS, the current GCPR seek to fundamentally redefine the paradigm of PCOS care in India. The approach of current recommendations is to provide a strong rationale for harnessing the mutual synergies in a modern multidisciplinary clinical setting to deliver quality PCOS care while providing an evidence-based structure to standardize the approach to PCOS management across treatment settings. The committee has 76 members, and Multispeciality Meeting was held in North East (New Delhi), South West (Mumbai) in April and June 2014. The programme was supported by Bayer Zydus and was initiated in April 2014.

PCOS CONSENSUS MEETINGS

PCOS: Health Problem PCOS is an important emergent public health problem in India that represents a unique trans-generational risk of transmission of a variety of systemic chronic diseases. It has not been possible in contemporary Indian clinical practice to formulate a comprehensive, re-consideration of the issues.

In continuation with the PCOS guidelines initiated by Indian Fertility Society in 1st quarter of 2015 meeting was held for framing of “Management of PCOS-related Infertility in India: Good Clinical Practice Recommendations”, as an addendum to the previous guidelines. It is our sincerest belief that these guidelines will aid experts across the country to define the best therapeutic approach towards management of this medical dilemma.

The meeting was held at Hotel Le Meridien, Delhi on the 20th of December 2015.

PCOS: Management of Infertility in Patients Good Clinical Practice Recommendations PCOS is one of the commonest causes of female infertility, and its management often poses a significant challenge to the clinician.

In the era of ICSI sperm function testing is taking secondary role and many believe it may not be necessary to test sperm function. But newer evidence is pointing towards importance of certain function tests which may be necessary to get full insight in fertilisation (IUI, IVF & ICSI) and even selection of sperm for ICSI.

Workshop was a dialogue and exercise in collating, discussing along with demonstrations of some of the various sperm function tests available. It was a platform for stimulation of new knowledge and research in the field of sperm function so as to gain new knowledge in mechanism and molecular biology of sperm and fertilization and newer insights in male infertility.

The programme was started with warm welcome address by Dr. Sonia Malik, Dr. Supriya Kant Hyatnagkar gave a knowledge packed key note address on SFT: THE WAY AHEAD. Dr. Kuldeep Jain delivered a wonderful lecture on

SperM Function Test

Department of Obstetrics and Gynecology and ART centre Army Hospital (Research and Referral) conducted a workshop on Sperm Function Tests at Army Hospital (Research & Referral), Delhi Cantonment on 19th May 2015 from 9 AM – 5:30 PM under the aegis of Indian Fertility Society, ACE & infertility Committee AIUSG.

It is an initiative by Abbott Healthcare Pvt. Ltd. aimed at bringing the latest insights and key developments in medical education to Physicians and the medical community. Knowledge gene is a virtual virtual friend that has features like:

• Access to full text articles from more than 3000 Journals across 90 specialties
• More than 2000 full-eBooks across specialties
• Over 300 simulation cases accredited by the European CME CPD Academy
• Updated medical news across 22 specialties
• Resources section with more than 400 of the latest Clinical Guidelines
• Conference calendars & above than 40 ready to refer & use Power- point presentations.
A symposium on PCOS was organized on the same day followed by a public awareness programme. The symposium was a grand success with participation from all over Tamil Nadu. The scientific sessions from 9.00 AM to 4.00 PM covered the basics of PCOS including the newer aspects in the etiology and various treatment modalities of PCOS and the trends in ART.
MAHARASHTRA CHAPTER

West Maharashtra Chapter Activity Report
Our Team:
• Founder Chapter Secretary: Dr. Bharti Dhorepatil
• Treasurer: Dr. Sachin Kulkarni

WMC Chapter installed by Dr. Mangla Telang as founder President IFS and Dr. Kuldeep Jain as founder secretary IFS at International Fertility Conference at Pune in 2009.

Initial two years was formative years were helpful in streamline the administrative works. Last four years it has been on the forefront with academic activities and Public programmes on various topics on Infertility and ART.

Till today we have conducted:
• Four Expert Group meetings
• Workshops
• CME’s
• Four Expert Group meetings
• General Body meetings

Now the time has come to hand over the baton to:
• Dr. Rajan

HARHARA CHAPTER

Indian Fertility Society Harhara Chapter organised the first conference on IVF – Connect which was held on 13th March 2015 at Hotel Ashoka, Bhopal (MP) and was a great success. More than 50 IFS members participated locally.

PUNJAB CHAPTER

Punjab Chapter of IFS was formed and inaugurated in the month of April 2014 by Dr. Sonia Malik.

Since the inauguration, the chapter is continuously working towards the goals of the IFS by organising:

• CMEs
• Workshops
• General Body meetings
• Life membership

Following are the details of the program conducted by Chapter:

• Inaugural meeting
• CME – This was held on 6th April 2015, more than 200 delegates attended this meeting where Dr. Sonia Malik, Dr. Sudha Prasad and other dignitaries attended the meeting besides the other delegates.

IUI Work Shop - Bhopal - 16th April, 2014
• National Facility: Dr. Kiklay Jain, Dr. Shweta Mittal
• Total Delegates: 55-60 Gynecologists, Venue: BT TB Centre

IUI workshop - Hands on IUI workshop held on September 13, 2014 at Bhopal IUI centre where more than 30 Gynecologists were given training on semen analysis, semen preparation & method of IUI

CME – Chapter organised CME in Ramada Plaza Hotel on the topic of General Management to Infertility, where Dr. Sujeeta Sharma (Prof & HOD- Gyna. Medical College Amtola) delivered the talk. In this talk more than 50 IFS Member attended the talk

General Body Meeting - General Body meeting was held on the same day followed by CME.

IVF – IFS Connect – On April 5th 2015 Punjab Chapter annual Zonal conference “IFS – IVF connect” at Jalandhar, This marked the successful completion of a year of IFS at Punjab. It was meeting well attended by more than 50 IVF experts from all over the Punjab and they took active part in deliberation. From the centre Dr. Umesh Jindal, Dr. K D Nayar, Dr. Kiklay Jain, Brigadier R K Sharma from the chapter Dr. Kumud Paricha, Dr. Amita Sharma, Dr. Jasmine Dr. Monica Verma and other were present.

IFS Web Site Launch – On the same day of IVF, IFS connect website of Punjab Chapter was launched was www.ifspunjabchapter.com

Combined IFS & PGDM CME – IFS organised on “Stimulation Protocols in IUI & IVF by Dr. Pooja Mitta (Fortis Mohali) Setting up of IUI Labs by Mr. Malhe (Sanyara ART Hyderabad) in hotel Ramada Jalandhar on October 26th, 2015 where more than 30 IFS Member participated locally.

BIHAR CHAPTER

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Combined IFS & PGDM CME – IFS organised on “Stimulation Protocols in IUI & IVF by Dr. Pooja Mitta (Fortis Mohali) Setting up of IUI Labs by Mr. Malhe (Sanyara ART Hyderabad) in hotel Ramada Jalandhar on October 26th, 2015 where more than 30 IFS Member participated locally.

BIHAR CHAPTER

IFS EVENT CALENDAR 2016

ART DATA MANAGEMENT SYSTEM

IFS has designed ART management computer software with help from Ultrasound Industries. The designing soft ware has been supervised by Dr. Bharti Dhorepatil and would be provided free of cost to all IFS members from mid year. This will help in streamlining the data management at all ART centres while being different in documentation of the clinical and laboratory data.

HARYANA CHAPTER

Indian Fertility Society Haryana Chapter organised the conference on Pdpnbh Beti Bachao and ART professionals under the patronage of Huddle Health Minister Haryana. Organizing faculty and workshop for the Conference gave an opportunity to visit Pdpnbh Department of Health and Family welfare Nirman Bhawan New Delhi. Conference was a joint venture of pdpnbh Department, Health department, Ministry of Health And Indian Fertility Society.

Many office bearers and Stalwarts of IFS Delhi Haryana and Chandigarh participated to Add to the glory of this very important meet at Hotel Near Malal Kamal. Our Special thanks to Dr Rajkaran Contractor from Ahmadabad who Contributed significantly by clarifying a lot of issues regarding pdpnbh and ART professionals in collaboration with officials A Souvenir dedicated to pdpnbh Beti Bachao and ART professionals was published with the best of Articles from Doctors Of Delhi Chandigarh and Haryana highlighting the provisions of the Act, Flight of the Innocent professionals falsely incriminated under the garb of pcpndt Act for insignificant clinical Inaccuracies or insignificant forcit formality completion errors And the need to make real difference by changing strategies to make sure criminals are not spared. The Souvenir is a beautiful collection of meaningful articles on PDPNDT.

An Academic event was organised under the auspices of Indian Fertility Society Haryana Chapter by Dr. Neeru Thakral at Gurgaon on 3rd March 2016.

23 November 2014, Gwalior - IUI Work Shop

IUI Workshop & Hands on Sperm preparation techniques was held on 23/11/2014 at Dr.Verma Hospital & Fertility Centre, CFWALOR by IVSMP Chapter & Gwalior O&G Society. Guest faculty are Dr. Shweta Mittal, Dr. Leena Wadhwa, from Delhi and Dr. Ayesha Verma & Dr. Yashoda Verma from Gwalior, Dr. Shweta Kaul Jha from Indore, have given lectures on different aspects of IUI. Around 70 Gynecologists attended the CME. Chief guest was Dr. G.S.Patel, Dean G.R.Medical College.

21 March, 2015, Cryopreservation in Infertility

IBF chapter from Ahmedabad who contributed significantly by clarifying lot of issues regarding pcpndt and ART professionals in collaboration with officials. A Souvenir dedicated to pcpndt Beti Bachao and ART professionals was published with the best of articles from doctors of Delhi Chandigarh and Haryana highlighting the provisions of the Act. Flight of the innocent professionals falsely incriminated under the garb of pcpndt Act for insignificant clinical Inaccuracies or insignificant formality completion errors And the need to make real difference by changing strategies to make sure criminals are not spared. The Souvenir is a beautiful collection of meaningful articles on PDPNDT.

March 10th, 2014 - Central Zone (MP - CG Chapter) IFF - Connect

• All IVF experts only from MP & Chattisgarh Participated In One Day Conference on 5th October, 2014 - IFF Connect
• National Exec. Members - Dr. S Prasad & Dr. Gouri Devi

715 - 911
**KERALA CHAPTER**

The team IFS Kerala Chapter is very grateful to the national Office bearers of IFS especially Dr Sonia Malik, Dr Gaurav Devi, Dr Sudha Prasad and Dr J. K. K. Gopinath (Kerala) for their roles in establishing this state chapter and to kick start the academic activities in Reproductive medicine in the state in an imporant way.

1. **Inauguration Indian Fertility Society – Kerala Chapter**

The inauguration was followed by a Panel discussion on “How to improve the results in ART”. Dr. Sonia Malik and Dr Gouril Devi moderated the discussion. Dr Mrinalchandran (Coimbatore), Dr Mohan Kamath (CMC Vellore), Dr. K.K. Gopinath (Kerala), Dr Mohammed Ashraf (Kerala), Dr Subh M Pillai (Kerala) and Dr Sujatha Ramkrishnan (Chennai) were the panel members. The session was followed by an excellent audience interaction.

2. **Hands on Workshop on Enhancing Success in Intravenous insemination and Live demonstration of ICM held at Kochi on 15th November 2015**

Prof. V.K. Chellilamin, Hon’ble President Kerala Federation of O&G inaugurated the event. Dr Shweta Mittal represented the national IFS and spoke on Ovulation Induction strategies in IUI cycles. Dr. Kunjimoideen, Dr Venugopal, Dr Sreeja, Dr Vasanthi, Dr Sunil Nayak, Dr Fevrema and Dr Jitha were facilitators. Dr Subh and Dr Fevrema lared the workshop and demonstrated the ICM procedure which was live telecasted from IFS Locked 44 delegates participated in the event. State Medical Council awarded the program with 2 hours of CME credit points.

3. **Membership campaign**

The chapter has initiated a membership campaign for the specialists practicing reproductive medicine in the state of Kerala. 10 new members have joined apart from the 20 founder members. The campaign will be a yearlong campaign, which is integrated with the district level half-day CME programs

4. **Future plans – Till March 2016**

One full day CME on Infertility management for Gynecologists on 20.12.2015 at Thrissur CME on PCO at Kochi on 18.12.2015 CME on PCO at Pudukkottai on 14.2.2015

Prepared By- Dr KU Kunjmoideen, Secretary, IFS Kerala Chapter

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**JAMMU CHAPTER**

Two Academic Activities were held in year 2015

1. **PCOS - Role of myoinositol Speaker - Dr. Madhu Nagpal** - 25 Doctors attended CME and well appreciated the program.

2. **Unexplained Infertility - Optimal Management Speaker - Dr. Kunal Panchwati Jalandhar** CME was a scientific feast attended by 30 doctors. Speakers elaborated on various facets of unexplained infertility and it was followed by crisp interaction.

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**FERTIVISION, 2014 REPORT**


The main conference was preceded by 9 Pre-congress Workshops.

Two pre-conference workshops were conducted on 19th December, 2014. IVF troubleshooting: Basic and advanced was relayed from Pune Fertility center to Hotel Four point Sherton. 360 degrees live demos of Fertility Enhancing endoscopy surgeries was relayed from Shree hospital to Hotel Four point Sherton.

Two Hands-On workshops were conducted at Hotel Four point sherton on 19th December 2014. IUI Hands-on and Vitrification Hands-on Workshops.

Workshop on Ovulation induction was conducted at Hotel Four point Sherton on 19th December 2014.

Ultrasound in ART workshop was conducted at Command Hospital, AFMC on 19th December 2014.

Symposium on Gestational Tocolysis - The way forward was held at Hotel Hyatt Regency on 21st December 2014.

The main conference was held on 20th and 21st December 2014 at Hotel Hyatt Regency, Vimanagri, Pune.

The conference was well attended with more than 850 delegates.

The conference was inaugurated on 20th December 2014. The chief guest invited was Dr. Shekhar Mandre. The guest of honor was Dr. Rajeev Yadavekar. Instated Special guest was Dr. Shrikumar.

Eminent International and National Faculty delivered lectures on various controversial topics in Infertility. Each Session had three speakers. First speaker spoke about the rationale behind the topic. Second speaker spoke about the available evidences. Third speaker gave the final consensus based on various guidelines, expert meets and opinions from authors and conference. Special time was allotted for audience interaction at the end of each session.

The conference and the scientific content was well attended and well appreciated by all delegates and faculty.
IFS geared up to academic activities from the 1st Dec. 2015. Our prestigious four days preparatory course for the ESHRE embryology certification course entered its third year. A healthy participation by budding embryologists and a renowned faculty led by Dr. Kuldeep Jain, the course co-ordinator, the internationally well known faculty Dr. Arne Sunde and Dr. Jayant Mehta, made the course very successful.

Parallel to this IFS conducted the first exit and second entrance exam of its clinical fellows on the 3rd Dec. All our 10 fellows performed very well and qualified in the exam. With 50 candidates sitting for the entrance exam, the IFS clinical fellowship is now an academically recognized course. 10 candidates qualified and will be starting their term in March 2016. IFS is proud of its centres for maintaining a high academic standard.

Fertivision began on the 4th Dec., with seven pre-congress courses and the final round of quiz. With over 1700 registrations, Fertivision once again lived up to its reputation! The conference was inaugurated by Sh Bhanu Pratap Sharma Sec. Health Govt of India to a packed house. Life time achievement awards 2015 were given to two stalwarts who had contributed immensely towards women’s health and particularly Reproductive medicine. IFS is proud to confer these prestigious awards upon Dr. CN Purandare FIGO president and Lt. Gen. (Dr) Punita Arora. Awards were also given to the Best Fellow Dr Simran & Dr. Rythum. For the first time the Best chapter award was given to the UP Chapter for their excellent performance not only in academics but also in the membership drive.

Panel discussions and free papers gave a chance to the young talent of IFS. Awards for the best papers clinical and embryology were given in the valedictory. IFS congratulates the winners for their brilliant performance.

The trade exhibition also generated lots of interest and IFS thanks the industry for its whole hearted participation and efforts to make Fertivision a grand success.

<table>
<thead>
<tr>
<th>NAME</th>
<th>AWARD</th>
<th>POSITION</th>
<th>TOPIC</th>
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<tbody>
<tr>
<td>Dr. Vandana Bhatia</td>
<td>Dr. Kuldeep jain BSV Award</td>
<td>1st Prize Clinical</td>
<td>Significance of Rise in Progesterone and Progesterone to Estradiol Ratio on the Day of Trigger with the Clinical Pregnancy Rate</td>
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<td>Dr. Kalpana Singh</td>
<td>Dr. Kuldeep jain BSV Award</td>
<td>1st Prize Embryology</td>
<td>Retrospective Analysis of Various Etiological Factors Infertility In Tertiary Care Hospital Of East Delhi</td>
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<td>Nasrat Jahan</td>
<td>Dr. Kuldeep jain BSV Award</td>
<td>1st Prize E-Poster</td>
<td>Comparison of DNA PCR Positivity For Myco Bacterium Tuberculosis Infertile Vs Fertile Women</td>
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<tr>
<td>Dr. Neeti Tiwari</td>
<td>IFS- BSV Award</td>
<td>2nd Prize clinical</td>
<td>Whether Inst Gives Better Out Come Compared To ICSI In Cases Of Poor semen Charac</td>
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<tr>
<td>Dr. Deepika Jagga</td>
<td>IFS- BSV Award</td>
<td>2nd Prize Embryology</td>
<td>An OHSS Free clinic How it can be achieved</td>
</tr>
<tr>
<td>Dr Anika Mohan</td>
<td>Dr. Umesh Jindal Award- best fellow award</td>
<td>1st Prize Paper Presentation among fellows</td>
<td>Evaluation of Endometrial Scratching on IUI outcome &amp; Endometrial receptivity</td>
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<tr>
<td>Vasudha Gupta</td>
<td>Dr. Mangla Telang- Best Paper Award-less than 35 years</td>
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**INTERNATIONAL FACULTY**

- Dr. Arne Sunde NORWAY
- Dr. Ashok Agarwal USA
- Dr. Edgar Mocanu IRELAND
- Dr. Cindy Farquhar NEW ZEALAND
- Dr. Denny Sakkas USA
- Dr. Hassan Sallam EGYPT
- Jayant Mehta UK
- Dr. Jose Horcajadas SPAIN
- Dr. Lars Johnson DENMARK
- Dr. Markus Montag GERMANY
- Dr. Nabil Arzz UK
- Dr. Raj Madhir UK
- Dr. Richard Kennedy UK
- Dr. Siladitya Bhattacharya UK
2016: going strong

UP CHAPTER

BAREILLY
A CME was held in Bareilly on 13th March 2016 at Hotel Amaya by BOGS in association with IFS UP Chapter. More than 75 delegates from the city and the adjoining areas participated. Dr Latika Aggarwal, Secretary BOGS gave the welcome address. Dr Ritu Khanna, Secretary IFS UP Chapter gave a presentation on ‘Precaution in poor responders’. A Panel Discussion on “Tracking early pregnancy” was also moderated by Dr Ritu Khanna. The panel discussion seemed to be very interesting and fruitful but had to be cut short due to constraint of time. Interactive discussion took place on practical points in dealing with the patients. A quiz was conducted by Dr Ritu Khanna on Tracking early pregnancy. A short presentation on Fertivision 2016 was shown.

JAUNPUR
A CME was held in Jaunpur on 12th Feb 2016 at Hotel Ramaswamy by the Jaunpur Obstetrics & Gynaecological Society in association with IFS UP Chapter. More than 45 members of the JOGS enthusiastically participated in the CME. Dr Ritu Khanna, secretary IFS UP Chapter presented “Indian Perspective of Managing male infertility”. Dr Pankaj of JOGS gave a presentation on “Semen Analysis”. A short quiz was conducted by Dr Ritu Khanna after the two presentations.

CHATTISGARH CHAPTER

Indian fertility society chhattisgarh chapter organised CME on infertility update. Faculties were Dr Kuldip Jain, past president IFS, Dr Randhir Singh chapter secretary madhya pradesh, Dr. Kedar Ganla mumbai and Dr Chaitanya shembekar Nagpur.

GORAKHPUR
A CME was held in Gorakhpur on 5th March 2016 at Hotel Shreyo by GOCS in association with IFS UP Chapter. More than 70 delegates from the city and the adjoining areas participated. Dr Madhus Golani, President GOCS gave the welcome address. Dr Ritu Khanna, Secretary IFS UP Chapter gave a presentation on “Newer Modalities in Medical Management of Endometriosis”. Doubt clearing on many aspects of medical management of endometriosis including the use of new drug Dienogest was discussed. A short quiz was conducted by Dr Ritu Khanna on how to tackle endometriosis. A short presentation on Fertivision 2016 was shown.

2016: UNFOLDING

Fertivision 2016

Fertivision 2016 is 12th Annual National Conference of Indian Fertility Society to be held on 9th, 10th & 11th Dec. 2016 at Indira Gandhi Pratishthan, Gomti Nagar Lucknow. Lucknow is a major metropolitan and multicultural city of India and the capital of Uttar Pradesh. It has wide connectivity by rail and air and one can reach the city in no time. The high level scientific session, plenary lectures, symposia, interactive pre congress course and debates will form an integral part of this congress. Young doctors and scientists are especially encouraged to present their recent studies through free communication, poster presentation and young scientist award sessions. During the first meeting held at Hotel Clarks on 3rd Jan 2016, the venue Indira Gandhi Pratishthan was finalised. It has:

- Cover pavilion area for about 1,500 delegates.
- 2 floor building with 4 interconnected halls.
- 2 lawns for about 1,000 guests each.
- 1000 car parking space.

It has easy approachability:

- 7 kms from Lucknow Railway Station.
- 19 Kms from Air port.

Second meeting was held on 26th Feb at Indore for finalising members for various committees. Tentative budget was put up. Eight Pre congress workshops were planned to be held simultaneously on 9th Dec. 2016 at the same venue. Various Pre congress are:

1. Ovulation Induction in ART
2. Deciphering Semenology and Advanced Andrology
3. IVF and Embryology for beginner’s
4. Fertility Enhancing Endoscopy
5. Ultrasound in ART
6. Newer Innovations & Technology in ART
7. Bio Statistics in ART
8. ART for Paramedics

Third meeting was held at Indira Gandhi Pratishthan in Lucknow on 12th March in Pluto auditorium. Overwhelming enthusiasm was shown by IFS member from Allahabad, Bareilly, Gorakhpur, Kanpur, Varanasi & Lucknow. Presentation from the catering and audio video vendor were appreciated by committee members. There was an open session to discuss the preparations for the conference and appreciable suggestions were received from the members. This was followed by sponsors meet. The layout of the venue was displayed, which was well received by the trade partners. During the upcoming conference opinion leaders from all over the world will share their innovations in their respective fields with impact on diagnosis, treatment and quality of life. However, we will rely on most meaningful participation of our colleagues from all over India and abroad in order to make this conference another milestone in the history of Indian Fertility Society. We look forward to welcome you to the awadh tradition and hospitality of Lucknow and hope the memories of this scientific extravaganza will last forever.
22nd IFFS World Congress
21-25 September 2016
Venue: INDIA EXPO CENTRE,
GREATER NOIDA, DELHI NCR
http://www.iff2016.com

Block Your Dates

Online Registration has started

PRE CONGRESS LIVE WORKSHOPS
- Infertility Endoscopy
- Basic ART
- Scoping and troubleshooting
- Advanced Embryology Procedures

PRE CONGRESS COURSES
- Male Infertility
- Evaluation and treatment
- Fertility Preservation
- Cytogenetics in ART
- Developments in Reproductive Medicine
- How to present your research paper
- Counseling in infertility
- Reproductive genetics
- Managing menopause in this century
- Poor ovarian reserve
- Training personnel in ART

SCIENTIFIC SYMPOSIA
- INDUSTRY SPONSORED SYMPOSIA
- BREAKFAST SYMPOSIA
- FREE COMMUNICATION

SOCIETY SYMPOSIA

Jointly hosted by:
- Indian Society for Assisted Reproduction
- Indian Fertility Society
Step out with confidence

Original
International
Innovator

Diane 35
2 mg cyproterone acetate + 35 μg ethinyl estradiol

- Treatment of choice for women with androgen-related disorders
- Effective treatment for moderate to severe acne

Abridged Prescribing Information Diane-35

Composition: 21 hormone-containing beige coated tablets. Each coated tablet contains 0.035 mg ethinylestradiol, 3.0 mg cyproterone acetate. Indication: Androgen dependent diseases in women such as acne, hirsutism and mild form of hirsutism. Dosage & Administration: Diane-35 is to be taken regularly in order to achieve the therapeutic efficacy and the required contraceptive protection. Previously used hormonal contraception should be discontinued. The dose regimen of Diane-35 is similar to the usual regimen of most of the combined oral contraceptives. Tablets must be taken in the order directed on the package every day at about the same time with some liquid as needed. One tablet is to be taken daily for 21 consecutive days. Each subsequent pack is started after a 7-day tablet-free interval. Contraindications: Presence or a history of venous or arterial thrombotic/thromboembolic events (e.g. deep venous thrombosis, pulmonary embolism, myocardial infarction,) or of a cerebrovascular accident, HIV/AIDS with frequent neurological symptoms, Diabetes mellitus with vascular involvement, pancreatitis or history of severe hepatic disease as long as liver function values have not returned to normal, severe renal insufficiency or acute renal failure; presence or history of liver tumors, undiagnosed vaginal bleeding, known or suspected pregnancy; hypersensitivity to the active substances or to any of the excipients, etc. Diane-35 is not for use in men. Warning / Precautions: If any of the conditions/risk factors like increased risk of arterial and venous thrombotic and thromboembolic diseases such as myocardial infarction, stroke, deep venous thrombosis, and pulmonary embolism is present, cervical cancer, hyperthyroidism, or a family history, may be at an increased risk of pancreatitis, acute or chronic disturbances of liver function, etc. the benefits of combined oral contraceptive use should be weighed against the possible risks for each individual woman and discussed with the woman before she decides to start using it. Adverse Effects: The most common side effects of Diane-35 as per clinical trials were nausea, abdominal pain, breast tenderness, headache, weight increase, depressed or altered mood, etc. CDD Version – 12.0, Dec 2009.

For the use of Registered Medical Practitioner or Hospital or Laboratory only.